

2017 MANIFESTATION PLANNER

Freedom Rivera

— Step Into Your Life Purpose —

www.freedomrivera.com

IN ONE YEAR, WHAT DO YOU ASPIRE TO ACCOMPLISH?
WRITE DOWN YOUR THREE GOALS BY PRIORITY & THE
FEELINGS IT CREATES VISUALIZING YOU ALREADY
REACHED THOSE GOALS.

Be specific, if you want a job/career, write exactly what will you be doing and how would you feel working on your life purpose. If it is financial wealth, how much?

Tip: Practice feeling everyday the feelings you wrote down.

Four horizontal pink lines with rounded ends, intended for writing down three goals by priority and the feelings associated with them.

DESCRIBE HOW YOUR TYPICAL DAY LOOKS LIKE ONCE YOU
HAVE ACCOMPLISHED YOUR #1 GOAL.

From morning until bedtime. Be super specific. Include your feelings.

Eight horizontal pink lines with rounded ends, intended for describing a typical day once the #1 goal is accomplished, including feelings.

OUTCOME.

WHY DO YOU WANT TO REACH YOUR YEARLY GOAL?

Handwriting practice lines for the 'OUTCOME' section, consisting of seven horizontal pink lines with rounded ends.

ACCOUNTABILITY PARTNER/S

Tip: Find a friend or friends that are goal getters and create an accountability company (not real, for fun only). Yeap, become creative, have fun and support each other. Meet weekly or twice a week or skype and check in on each other's progress.

MY ACCOUNTABILITY FRIEND/S:

COMPANY NAME:

CHECKING IN DATE:

CHECKING IN DATE:

CHECKING IN DATE:

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WHAT ARE YOUR QUARTERLY GOALS THAT WILL HELP
YOU ACCOMPLISH YOUR YEARLY GOAL?

Write down one goal for each quarter.

Jan, Feb & Mar



Apr, May, & Jun

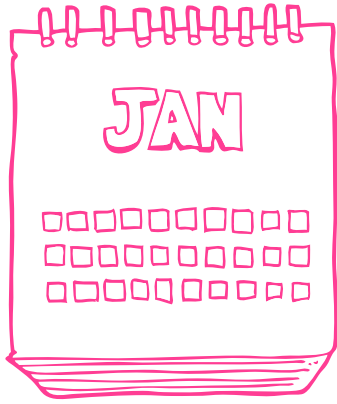


Jul, Aug & Sept



Oct, Nov & Dec





January's main goal:

○ _____ ○

○ _____ ○

Write down for each week, the goal that is going to get you closer to your monthly goal. Tip: Prioritize your goals.

WEEK 1 GOAL:

WEEK 2 GOAL:

WEEK 3 GOAL:

WEEK 4 GOAL:

WEEK 5 GOAL:

WHAT DID YOU ACCOMPLISH THIS MONTH? AND WHAT WERE YOUR CHALLENGES.

HOW DID YOU CELEBRATE YOUR ACCOMPLISHMENTS FOR THIS MONTH?



February's main goal:

○ _____ ○

○ _____ ○

Write down for each week, the goal that is going to get you closer to your monthly goal. Tip: Prioritize your goals.

WEEK 1 GOAL:

WEEK 2 GOAL:

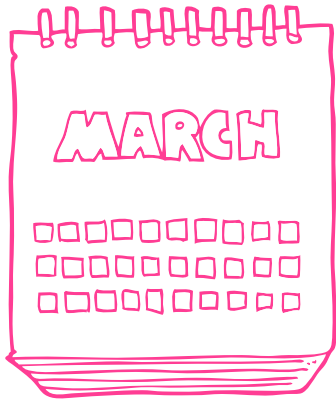
WEEK 3 GOAL:

WEEK 4 GOAL:

WEEK 5 GOAL:

WHAT DID YOU ACCOMPLISH THIS MONTH? AND WHAT WERE YOUR CHALLENGES.

HOW DID YOU CELEBRATE YOUR ACCOMPLISHMENTS FOR THIS MONTH?



March's main goal:

○ _____ ○

○ _____ ○

Write down for each week, the goal that is going to get you closer to your monthly goal. Tip: Prioritize your goals.

WEEK 1 GOAL:

WEEK 2 GOAL:

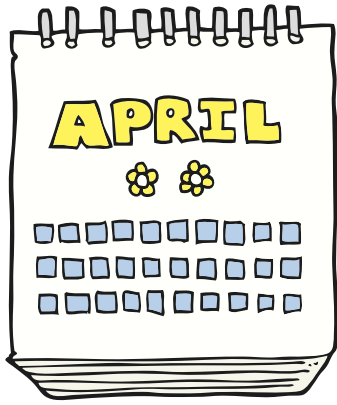
WEEK 3 GOAL:

WEEK 4 GOAL:

WEEK 5 GOAL:

WHAT DID YOU ACCOMPLISH THIS MONTH? AND WHAT WERE YOUR CHALLENGES.

HOW DID YOU CELEBRATE YOUR ACCOMPLISHMENTS FOR THIS MONTH?



April's main goal:

○ _____ ○

○ _____ ○

Write down for each week, the goal that is going to get you closer to your monthly goal. Tip: Prioritize your goals.

WEEK 1 GOAL:

WEEK 2 GOAL:

WEEK 3 GOAL:

WEEK 4 GOAL:

WEEK 5 GOAL:

WHAT DID YOU ACCOMPLISH THIS MONTH? AND WHAT WERE YOUR CHALLENGES.

HOW DID YOU CELEBRATE YOUR ACCOMPLISHMENTS FOR THIS MONTH?



May's main goal:

○ _____ ○

○ _____ ○

Write down for each week, the goal that is going to get you closer to your monthly goal. Tip: Prioritize your goals.

WEEK 1 GOAL:

WEEK 2 GOAL:

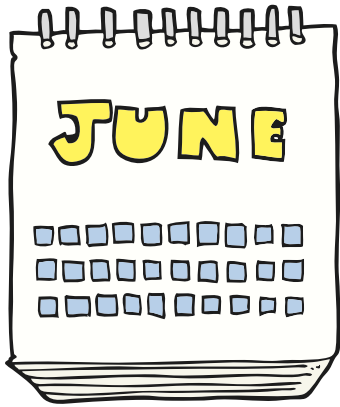
WEEK 3 GOAL:

WEEK 4 GOAL:

WEEK 5 GOAL:

WHAT DID YOU ACCOMPLISH THIS MONTH? AND WHAT WERE YOUR CHALLENGES.

HOW DID YOU CELEBRATE YOUR ACCOMPLISHMENTS FOR THIS MONTH?



June's main goal:

○ _____ ○

○ _____ ○

Write down for each week, the goal that is going to get you closer to your monthly goal. Tip: Prioritize your goals.

WEEK 1 GOAL:

WEEK 2 GOAL:

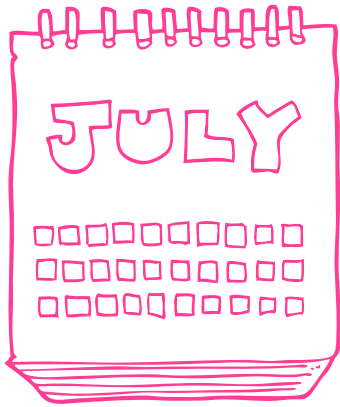
WEEK 3 GOAL:

WEEK 4 GOAL:

WEEK 5 GOAL:

WHAT DID YOU ACCOMPLISH THIS MONTH? AND WHAT WERE YOUR CHALLENGES.

HOW DID YOU CELEBRATE YOUR ACCOMPLISHMENTS FOR THIS MONTH?



July's main goal:

○ _____ ○

○ _____ ○

Write down for each week, the goal that is going to get you closer to your monthly goal. Tip: Prioritize your goals.

WEEK 1 GOAL:

WEEK 2 GOAL:

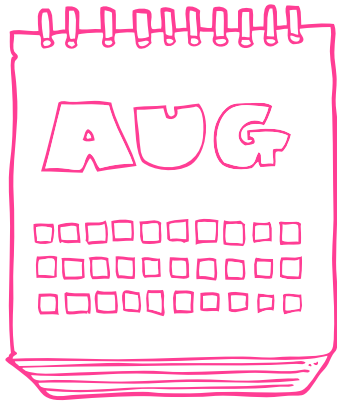
WEEK 3 GOAL:

WEEK 4 GOAL:

WEEK 5 GOAL:

WHAT DID YOU ACCOMPLISH THIS MONTH? AND WHAT WERE YOUR CHALLENGES.

HOW DID YOU CELEBRATE YOUR ACCOMPLISHMENTS FOR THIS MONTH?



August's main goal:

○ _____ ○

○ _____ ○

Write down for each week, the goal that is going to get you closer to your monthly goal. Tip: Prioritize your goals.

WEEK 1 GOAL:

WEEK 2 GOAL:

WEEK 3 GOAL:

WEEK 4 GOAL:

WEEK 5 GOAL:

WHAT DID YOU ACCOMPLISH THIS MONTH? AND WHAT WERE YOUR CHALLENGES.

HOW DID YOU CELEBRATE YOUR ACCOMPLISHMENTS FOR THIS MONTH?



September's main goal:

○ _____ ○

○ _____ ○

Write down for each week, the goal that is going to get you closer to your monthly goal. Tip: Prioritize your goals.

WEEK 1 GOAL:

WEEK 2 GOAL:

WEEK 3 GOAL:

WEEK 4 GOAL:

WEEK 5 GOAL:

WHAT DID YOU ACCOMPLISH THIS MONTH? AND WHAT WERE YOUR CHALLENGES.

HOW DID YOU CELEBRATE YOUR ACCOMPLISHMENTS FOR THIS MONTH?



October's main goal:

○ _____ ○

○ _____ ○

Write down for each week, the goal that is going to get you closer to your monthly goal. Tip: Prioritize your goals.

WEEK 1 GOAL:

WEEK 2 GOAL:

WEEK 3 GOAL:

WEEK 4 GOAL:

WEEK 5 GOAL:

WHAT DID YOU ACCOMPLISH THIS MONTH? AND WHAT WERE YOUR CHALLENGES.

HOW DID YOU CELEBRATE YOUR ACCOMPLISHMENTS FOR THIS MONTH?



November's main goal:

○ _____ ○

○ _____ ○

Write down for each week, the goal that is going to get you closer to your monthly goal. Tip: Prioritize your goals.

WEEK 1 GOAL: _____

WEEK 2 GOAL: _____

WEEK 3 GOAL: _____

WEEK 4 GOAL: _____

WEEK 5 GOAL: _____

WHAT DID YOU ACCOMPLISH THIS MONTH? AND WHAT WERE YOUR CHALLENGES.

HOW DID YOU CELEBRATE YOUR ACCOMPLISHMENTS FOR THIS MONTH?



December's main goal:

○ _____ ○
○ _____ ○

Write down for each week, the goal that is going to get you closer to your monthly goal. Tip: Prioritize your goals.

WEEK 1 GOAL:

WEEK 2 GOAL:

WEEK 3 GOAL:

WEEK 4 GOAL:

WEEK 5 GOAL:

WHAT DID YOU ACCOMPLISH THIS MONTH? AND WHAT WERE YOUR CHALLENGES.

HOW DID YOU CELEBRATE YOUR ACCOMPLISHMENTS FOR THIS MONTH?

In one word describe 2017:



HOW WAS IT? WHAT WERE YOUR GAINS? WHAT DID YOU LEARN ABOUT YOURSELF? WHAT DO YOU NEED TO LET GO?

Five horizontal pink lines with rounded ends, intended for writing answers to the question above.

WHAT ARE YOU GRATEFUL FOR?

Three horizontal pink lines with rounded ends, intended for writing answers to the question above.

WHAT DID YOU MANIFESTED THIS YEAR?

Three horizontal pink lines with rounded ends, intended for writing answers to the question above.